

July 28, 2024

This Sunday at PCC

SERMON:

The world tells us we do not have enough: not enough money; not enough possessions; not enough time. And sometimes it is true: but not having enough is not the same as there not being enough. This Sunday we'll look at the Miracle of the Loaves and Fishes and, with the help of the Holy Spirit, we will examine our own sense of lack and scarcity and seek God's overflowing bounty. Join us!

Also during worship, we will have a special Laying on of Hands for members of Women's Fellowship to bless them as they travel for the Presbyterian Women's Churchwide Gathering!

IN-PERSON TEATIME

Senior Awareness for Urban Living (SAUL): Life Hacks and Other Handy Skills

A practical and approachable active learning program for seniors. SAUL is a course designed to empower seniors with effective, easy-to-learn and practical techniques to protect themselves and live more confidently and enjoy life more fully. SAUL is divided into 3 areas:

Centering, breathing and breathwork

Use of improvised objects for self-defense

Use of technology for emergency and everyday situations

Our instructors, Al Wong and Stefan Solomon, will demonstrate a combination of physical techniques, situational awareness strategies, use of technology, and de-escalation tactics to enhance our personal safety and improve our mindset and response in potentially dangerous situations.

SAUL is not a martial arts class. Rather this course will show us some basic self-defense practices to enhance our reflexes and coordination. It will draw from an inter-disciplinary mix of systems/arts: Aikido, Krav Maga, Jujitsu and others. We will also learn how to use technology such as a smart phone and other personal safety devices like security jewelry to enhance our safety, and we will learn ways to improvise everyday objects such as a small flashlight to improve personal safety and our sense of security.

Today's Hymns and Scripture Passages

Opening

For the Fruit of All Creation
36 in Glory to God Hymnal

Meditation

As the Wind Song
292 in Glory to God Hymnal

Closing

My Hope is Built on Nothing Less
353 in Glory to God Hymnal

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2 Kings 4: 42-44 / John 6: 1-21

Rsvp by August 1st!

Come join us for a light lunch at Teatime on August 18th to celebrate the marriage of Liane and Neal!



Norma & Terry Chan and Barb & Mark Fong want to celebrate the union of their children with our PCC family.

Please **RSVP** to Norma directly or at info@pccsf.org by **August 1st** to help us plan our food for the celebration.

Where is Pastor Don this week?

Pastor Don will be in worship, Sunday July 28 and here through Thursday August 1.

Prayer List

Prayers of sympathy for family of **Rev. David Kao**, who passed away peacefully in his sleep on 7/21/2024 @4:20. Amy said David is no longer suffering and is resting in Jesus's arms now. Please continue to pray for the family during this difficult time. Send cards to Amy Kao & family: 37335 Sequoia Road, Fremont, CA94536.

Continuing prayers:

Vicky Wong recovering from fall/broken arm, **David Wong's mother** healing from a fall, **Nathan Louie** in hospice care.

Mika Thomas-in cancer treatment (friend of interlude musician Chris Brunelle)

Families/friends mourning the loss of **Phil Chin, Ruth Lum, Martha Yick**

Travel mercies for all--keep those masks on!

For prayer concerns and joys you approve to be printed in the *Ragsheet* and shared during worship, email Pastor Don: donald.p.hammond@pccsf.org or EnglishDeacons@pccsf.org.

Double Your Impact: Help Us Reach Our Goal for Clean Water in Guatemala

Dear Worshiping Community,

We hope this letter finds you in good spirits. We are reaching out to you from the Mission and Evangelism Committee at PCC, where we are deeply committed to making a tangible difference in the world. We have embarked on a heartfelt mission – the Living Water World Missions in Guatemala, and we need your help to cross the finish line. We have a team of 13 from our church scheduled to travel to Guatemala (at their own expense) for a week to help with installation and education this October.

Our Progress: Thanks to the generosity of our English worshiping community, we have already secured \$2,750 towards building a sustainable water system in a Guatemalan village in dire need. This project will not only provide clean water but also hope and opportunity for a brighter future.

Our Need: We are just \$1,500 away from our total goal. Here's where the power of community shines brightest. An anonymous member of our church has stepped forward with an incredible offer: every dollar you donate will be matched up to \$750. This means your contribution has double the impact, bringing us closer to our goal at twice the speed.

How to Contribute: To be a part of this life-affirming project, you can make your donation to PCC. Please include a note stating "Living Water Mission" or "Guatemala Mission" with your contribution to ensure it supports this vital cause.

Act Now: Our fundraising needs to be completed by July 31. Donate online at [PCCSF.org](https://www.pccsf.org) or send a check to PCC with the specified note. Excess in the amount raised will be placed into PCC's Mission and Evangelism fund for future mission needs.

We are so close to making this dream a reality for the families in San Esteban, Guatemala. With your support, we can ensure that clean, safe water is no longer a dream, but a daily reality. Thank you for your prayers, faith, and generosity. For more information on Living Waters, www.livingwaterworldmissions.org.

Blessings, Mission and Evangelism Committee